

The mission of the Pool of Consumer Champions is to improve the quality of life for Alameda County residents who have mental health or mental health and substance use issues, in whatever settings they find themselves, and to provide the consumer perspective in transforming Alameda County Behavioral Health Care Services to a recovery vision that is consumer-driven culturally responsive and holistic in its services and supports.

The POCC provides an empowered and informed voice: of, by, and for consumers in the behavioral health care system, related systems, and in the community.

**Nothing About Us
Without Us**

#CAPeerRespites



#CAPeerRespites

**Peer Respites:
Expanding
Peer2Peer
Support**



***Pool of Consumer
Champions***

***Public Policy and
Education Committee***

***MC: Jo Bruno,
PPEC Chair***



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9:30-10:00

Welcome and Registration

10:00 -10:15

Committee Member Introduction

10:15 – 11:00

Keynote: Khatera Aslami Tamplen,
Consumer Empowerment Manager,
Chair, Mental Health Services
Oversight and Accountability
Commission

11:00-12:00

Panel of CA Peer Respites
Discussion with Q & A

Adrian Bernard, Manager
Second Story Peer Respite House
(Santa Cruz County)

Jason Robison, Program Director
SHARE!

SHARE! Recovery House
(Los Angeles County)

William Couch, Lead Peer Support
Blackbird House
(Santa Clara County)

12:00 – 12:45 LUNCH BREAK

12:45 – 1:45

Alameda County Peer Respites
Discussion with Q & A

Christina Murphy, Program Supervisor
Sally's Place
(Alameda County)

1:45 – 2:30

Breakout Sessions
**How can we network and grow
Peer Respites throughout
California?**

2:30 – 3:00

Report back to group
Raffle prizes and closing
What did you learn?

- Peer Respites are voluntary short-term overnight programs.
- Peer Respites provide community-based, trauma informed, and person-centered crisis support and prevention 24-hours a day in a homelike setting.
- Peer Respites are staffed and operated by people with lived-experience of mental health challenges.
- Peer Respites are diversion programs from hospitals and coercive treatment.

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